



**GROUNDS FOR NATURE
NATIVE PLANTS 2012**

Terra DeMedici
(304)268-0649
terra@groundsfornature.com
www.groundsfornature.com
Berkeley Springs, WV

Light:

Sun: at least 6 hours of sunlight daily during growing season
Part Sun/ Part Shade (PS): 3-6 hours of sunlight daily
Shade (Sh): Less than 3 hours of direct sunlight or filtered sunlight daily

Soils:

Average (Avg), Dry (D), Moist (M), Wet (W)

WILDFLOWERS

Botanical Name	Common Name	Light	Soil	Height	Bloom	Wildlife Value
<i>Allium Cernuum</i>	Nodding Onion	sun, ps	M, D	1'- 2'	Pink	
<i>Amsonia 'Blue ice'</i>	Blue Star	sun, ps	M, D	12"- 15"	Lavender-blue May- June	Butterflies
<i>Amsonia hubrectii</i>	Thread leaf Blue Star	sun, ps	M, D	3'	Steel-Blue June-July	Butterflies
<i>Anemone virginiana</i>	Thimble Weed	sh, ps	M, Avg	12"- 18"	White w/ yellow center May- June	
<i>Aplectrum hyemale</i>	Adam and Eve Orchid, Putty Root	sh	M	12"- 18"	Greenish-Yellow- Purple; May- June	Leaf remains all winter, disappears, then flowers w/o leaf
<i>Aquilegia canadensis</i>	Wild Columbine	sun, sh	Avg, D	1'- 3'	Red w/ Yellow May- June	Hummingbirds
<i>Arisaema dracontium</i>	Green Dragon	Sh, pt sh	M, Avg	1'- 4'	Green; April-June	

<i>Aruncus dioicus</i>	Goatsbeard	sun, ps, sh	Avg, M	3'- 5'	White, June- July	
<i>Asarum canadense</i>	Wild Ginger	sh, ps	M	0.5"	Brownish-purple April- May	Insects
<i>Aster cordifolius</i>	Blue Wood Aster	sh, ps	D- M	2'- 3'	Blue, Sept- Nov	Butterflies
<i>Aster macrophyllus</i>	Heart Leaf Aster	sh, ps	D, M	3'- 4'	Violet; Aug- Sept	Butterflies
<i>Aster oblongifolius</i>	Aromatic Aster	sun, ps	D, M	2'- 3'	Blue, Aug- Oct	Butterflies
<i>Aster laevis</i>	Smooth Aster	sun, ps	Avg, M	4'	Blue, Aug- Oct	Butterflies
<i>Baptisia minor</i>	Dwarf False Blue Indigo	sun, ps	D, M	18"- 24"	Blue; May- June	Butterflies
<i>Caltha palustris</i>	Marsh Marigold	sun, ps	M, W	1'	Golden Yellow April- June	Songbirds
<i>Chrysogonum virginianum 'Australe'</i>	Golden Star	sun, ps	Avg, D	8"	Golden Yellow Spring & Fall	
<i>Cimicifuga racemosa</i>	Black Cohosh	sh, ps	Avg, M	3' -6'	White, June- Aug	
<i>Coreopsis tripteris</i>	Tall Coreopsis	sun	D, M	7'	Yellow July	Butterflies
<i>Delphinium exaltatum</i>	Tall Larkspur	ps, sh	Avg, D	3'- 6'	Blue; July	Hummingbirds
<i>Delphinium tricorne</i>	Dwarf Larkspur	Pt sh, sh	M, Avg	8"- 18"	Deep Purple; April- May	
<i>Dicentra cucullaria</i>	Dutchman's Breeches	Sh, ps, sun	M, Avg	6"- 12"	Yellow w/ White; April-May	
<i>Echinacea purpurea</i>	Purple Coneflower	sun	Avg, D	3'- 4'	Purple July- Sept	Butterflies
<i>Eupatorium fistulosum</i>	Joe-Pye Weed	sun, ps	M, W	7'	Mauve July- Aug	Butterflies
<i>Eupatorium perfoliatum</i>	Boneset	sun, ps	M, W	4'-7'	White, July- Sept	Butterflies
<i>Eupatorium rugosum 'Chocolate'</i>	Snakeroot	sun, sh	D, M	2'- 3'	White Sept- Oct	Butterflies
<i>Galax urceolata</i>	Wandflower	sh	M	15"	White; Late spring- early summer	

<i>Gentiana clausa</i>	Bottled Gentian	pt sh/pt sun	M, Avg	1'-2'	Violet-Blue May- June	Bees
<i>Geranium maculatum</i>	Wild Geranium	ps, sh	D, Avg	8"- 12"	Pink- Lavender Spring	
<i>Gillenia trifolata</i>	Bowman's Root	ps	D, Avg, M	2'- 3'	White, Summer	
<i>Hepatica acutiloba</i>	Sharp-lobed Hepatica; Liverleaf	sh	Avg, M		White-Pink- Lavender; Apr-May	
<i>Helianthus divaricatus</i>	Woodland Sunflower	sun, sh	D, M	6'	Yellow, July- Aug	Butterflies, Birds
<i>Heuchera americana</i>	Alum Root	sh, ps	D, M	12"- 16"	Creamy White May- June	Hummingbirds
<i>Heuchera villosa</i>	Maple-leaved Alum Root	sh, ps	D, M	10"- 18"	White, Late Summer	Hummingbirds
<i>Heuchera villosa 'Autumn Bride'</i>	Maple-leaved Alum Root	sh, ps	D,M	1'-2'	White, Late Summer	Hummingbirds
<i>Heuchera micrantha 'Palace Purple'</i>	Palace Purple Coral Bells	sun, sh	D, M	12"- 18"	White	Hummingbirds
<i>Hexastylis virginica</i>	Virginia Heartleaf Ginger	sh	M, Avg		Maroon; Apr - June	
<i>Hieracium Venosum</i>	Rattlesnake Weed	sun, sh	D, M	12"- 24"	Yellow, Sept- May	
<i>Hydrastis canadensis</i>	Goldenseal	sh	M	6"-8"	White, Spring	
<i>Iris cristata</i>	Dwarf Crested Iris	sh, ps	Avg, M, D	6"- 8"	Blue-violet April- May	
<i>Iris cristata 'Tennessee White'</i>	Dwarf Crested Iris	sh, ps	Avg, M, D	6"-8"	White April- May	
<i>Iris versicolor</i>	Blue Flag Iris	sun, ps	Avg, W	2'- 3'	Violet Blue w/ Yellow Throat May- June	Birds
<i>Lilium superbum</i>	Turk's Cap Lily	sun,ps	Avg, M, W	3'-6'	Orange/ Spotted Maroon; July-Aug	
<i>Lobelia cardinalis</i>	Cardinal Flower	sh, ps	M, W	2'- 4'	Red, July- Aug	Hummingbirds

<i>Lobelia siphilitica</i>	Great Blue Lobelia	sun, ps	M, W	2'- 3'	Deep Blue Aug- Sept	Hummingbirds, Birds, Beneficial insects, Butterflies
<i>Mertensia virginica</i>	Virginia Bluebells	sun, ps	M, Avg	1'-2'	Blue-Violet; Spring	
<i>Monarda didyma</i> 'Jacob Cline'	Bee Balm	sun, ps	M, Avg	4'- 5'	Red, July	Hummingbirds, Butterflies
<i>Monarda fistulosa</i>	Wild Bergamot	sun	Avg, D, M	3'- 5'	Lavender, June- July	Hummingbirds, Butterflies
<i>Opuntia humifusa</i>	Prickly Pear Cactus	sun	D, Avg	8"-14"	Lemon Yellow, Summer	Birds
<i>Pachysandra</i> <i>procumbens</i>	Allegheny Spurge	ps, sh	M, Avg	8"- 12"	Whitish Pink; March-April	
<i>Penstemon digitalis</i>	Foxglove Beardtongue	sun, ps	D, Avg, M	3'- 5'	White, Apr- June	Hummingbirds, Butterflies
<i>Phlox divaricata</i>	Wild Sweet William	sh, ps	M, Avg, D	1'	Rose- Lavender April- May	Butterflies
<i>Phlox paniculata</i> 'Robert Poore'	Garden Phlox	sun	avg, M	4'- 5'	Rose-Purple July	Butterflies
<i>Phlox stolonifera</i>	Creeping Woodland Phlox	sh, deep sh	D, Avg, M	6"	Pink-Purple, Spring	Butterflies
<i>Phlox stolonifera</i> 'Blue Ridge'	Creeping Woodland Phlox	sh, deep sh	D, Avg, M	6"	Violet-Blue May- June	Butterflies
<i>Phlox stolonifera</i> 'Home Fires'	Creeping Woodland Phlox	sh, deep sh	D, Avg, M	6"	Pink May- June	Butterflies
<i>Phlox stolonifera</i> 'Sherwood Purple'	Creeping Woodland Phlox	sh, deep sh	D, Avg, M	6"	Blue- Purple May- June	Butterflies
<i>Polemonium reptans</i>	Jacob's Ladder	sh, ps	M, W	1'- 2'	Light Blue, Spring	Butterflies
<i>Polemonium reptans</i> 'Stairway to Heaven'	Variegated Jacob's Ladder	sh, ps	M, W	1' -2'	Violet Blue Late Spr, early summer	Butterflies

<i>Pycnanthemum muticum</i>	Short-toothed Mountain Mint	sun, ps	M	3'	Pinkish White w/ silvery bracts Aug- Sept	Butterflies, Bees
<i>Rudbeckia lacinata</i>	Green-headed Coneflower	sun, ps	M, Avg, D	4'-6'	Yellow-Green; July, Aug	Butterflies, Birds, Bees
<i>Ruellia humilis</i>	Wild Petunia	sun, ps	D, M	1'- 2'-	Pink, June- Aug	Hummingbirds, Butterflies
<i>Sanguinaria canadensis</i>	Bloodroot	ps, sh	Avg, M, W	6"- 10"	White w/ Yellow center; Mch-May	
<i>Sedum ternatum</i>	Wild Stonecrop	sun, sh	Avg, M	5"	White, May- June	
<i>Senecio aureus</i>	Golden Ragwort	sun, sh	D, M, W	1'- 2'	Yellow, May-June	Butterflies, Birds, Bees
<i>Silene caroliniana</i>	Wild Pink	sun, ps	D, M	1'	Deep Pink, May- June	
<i>Spiranthes cernua v. odorata</i>	Ladies Tresses	sun, ps	M, W	1'- 2'	White, Aug- Sept	
<i>Thalictrum dioicum</i>	Early Meadow Rue	sun, ps	M, Avg	3'- 5'	Yellow-Green, Apr-May	Butterflies, Birds, Bees
<i>Thermopsis villosa</i>	Carolina Lupine	sun	D, Avg, M	3'-5'	Yellow; May-June	Bees
<i>Tradescantia ohiensis</i>	Ohio Spiderwort	sun, ps	D, Avg	24"- 30"	Blue, Pink, Purple June- Sept	
<i>Tradescantia x 'Sweet Kate'</i>	Spiderwort	ps, sh	D, Avg	18"	Blue-Purple June- Sept	
<i>Trillium grandiflorum</i>	Great White Trillium	ps	M, Avg	12"- 18"	White fades to pink; Spring	
<i>Trillium luteum</i>	Yellow Wake-Robin	Ps, sh	D, Avg, M	1'- 1.5'	Yellow; Apr- May	
<i>Zizia aureus</i>	Golden Alexanders	sh, ps	M, W	1'- 3'	Golden Yellow May- June	Butterflies

FERNS

<i>Adiantum pedatum</i>	Northern Maidenhair	sh, ps	M	12"- 18"	Bright green fronds w/shiny black stems; clumper	Provides shelter for amphibians
<i>Athyrium filix-femina</i>	Lady Fern	sun, sh	M	2'- 3'	Light green, finely divided fronds	Provides cover and nesting material for birds
<i>Athyrium filix-femina</i> 'Lady in Red'	Lady Fern	sh, ps	M	2'- 3'	Light green, lacy fronds w/ red Stems	Provides cover and nesting material for birds
<i>Dryopteris goldiana</i>	Goldie's Fern	sh, ps	M	3'- 4'	Largest native wood fern; creeping rhizomes	Provides shelter for amphibians
<i>Dryopteris marginalis</i>	Eastern Wood Fern	sh, ps	M	12"- 18"	Neat, evergreen leaves; clumper	Provides shelter for amphibians
<i>Matteuccia struthiopteris</i>	Ostrich Fern	sh, sun	M, Avg	3'- 4'	Large, dark green arching fronds	Provides shelter for amphibians
<i>Onoclea sensibilis</i>	Sensitive Fern/ Bead Fern	sh, ps	M	1'- 2'	Bright, yellow-green fronds; sori cluster like beads	Provides shelter for amphibians
<i>Osmunda cinnamomea</i>	Cinnamon Fern	sh, sun	M, W	3'- 5'	Upright, vase shaped w/green fronds, & spore-bearing "cinnamon sticks"	Cover for birds, Hummingbirds use fiber for lining nests
<i>Osmunda regalis</i> <i>var. spectabilis</i>	Royal Fern	sh, ps	M	4'- 6'	Broad, bright green fronds w/ purple stems	Provides shelter for amphibians
<i>Polystichum acrostichoides</i>	Christmas Fern	sh, ps	D, Avg, M	12"- 18"	Neat habit, evergreen leaves, clumper	Provides shelter for amphibians
<i>Woodwardia virginica</i>	Virginia Chain Fern	sh, ps, sun	W,M,Avg	18"- 24"	Upright w/ long purple- brown stalks; Spreads by creeping rhizomes	Provides shelter for amphibians

GRASSES

<i>Carex appalachia</i>	Appalachian Sedge	sh	D	1'	Green	
<i>Chasmanthium latifolium</i>	Sea Oats	sun, ps, sh	D,M, W	3'- 4'	Tan	Birds

VINES

<i>Ampelaster carolinianus</i>	Climbing Aster	sun	M, W	5'- 10'	Lavender w/ yellow center; Fall	Butterflies, Insects
<i>Hydrangea climbing</i>	Decumaria barbara	sun, ps	avg, M	10'- 20'	Creamy White, Spring	Butterflies
<i>Lonicera sempervirens</i>	Coral Honeysuckle	sun, ps	D, Avg, M	5'- 14'	Coral w/ Yellow center	Butterflies, Hummingbirds
<i>Wisteria frutescens</i> 'Amythyst Falls'	Purple American Wisteria	sun, ps	D, Avg, M	15'- 20'	Lilac to Deep Purple	Butterflies
<i>Wisteria macrostachya</i> 'Clara Mack'	White American Wisteria	sun, ps	Avg, M, W	20'	White June- July	Butterflies

SHRUBS

<i>Callicarpa americana</i>	American Beautyberry	sun, ps	Avg	3'-6'	Lavender-pink	Birds
<i>Calycanthus floridus</i>	Carolina Allspice	sun, ps	M, Avg	6'-10' x 6'- 12'	Maroonish Brown Late Spring - Summer	
<i>Cephalanthus occidentalis</i>	Buttonbush	sun, ps	Avg, M	3'- 5'	White; Summer	Butterflies, Birds
<i>Euonymus americana</i>	Strawberry Bush	sun, ps	Avg, D,M	3'-6'	Yellow-green; Spring	Birds
<i>Itea virginica</i> 'Henry's Garnet'	Virginia Sweetspire	sun, sh	M, Avg, D	3'-5' x 3'-5'	White May- June	Butterflies, Birds
<i>Symphoricarpos orbiculatus</i>	Indian currant; Coralberry	Sh, ps	M, D, Avg	2'-4'	Greenish- White; Late Spring	Birds
<i>Viburnum dentatum</i>	Arrowwood Viburnum	Sun, ps	M, Avg, D	6'-8'	Creamy white; May-June	Birds

2012 Plant Sales

Berkeley Springs Farmers Market Berkeley Springs, WV; Sundays, April 29; May 6, 20, 27;
June 3, 10

[Spring Garden Market at River Farm; Alexandria, Va; Thurs-Sat April 12-14](#)

Leesburg Flower and Garden Show; Leesburg, VA; Sat & Sun April 21, 22

Park Fairfax Native Plant Sale; Alexandria, VA; Saturday, April 28

Garden Fair at Blandy Experimental Farm; Boyce, VA; May 11, 12, 13

Green Spring Gardens Annual Plant Sale; Alexandria, Va; Sat May 19 (new sale no link yet)

Baltimore Herb Festival; Baltimore, MD; Saturday, May 26

Irvine Nature Center; Owens Mills, MD; Sat Aug ?

Park Fairfax Native Plant Sale; Alexandria, VA; Saturday, September 29

Blandy Experimental Farm; Boyce, Va; Sat & Sun, October 13 & 14

*Grounds For Nature is dedicated to bringing environmental responsibility
to the garden by creating ecologically sustainable landscape
designs and cultivating native plants.*

www.groundsfornature.com

(304)268-0649

terra@groundsfornature.com